

# 2<sup>nd</sup> INTERNATIONAL MEDITERRANEAN SYMPOSIUM



## ELBOW INSTABILITY

pathogenesis &  
management

23<sup>RD</sup> - 24<sup>TH</sup> MAY 2024  
SKY CENTER LA MARSEILLAISE  
Marseille, France

### CHAIRMEN

P. Arrigoni  
Milano, Italy



P. Mansat  
Toulouse, France



A. Vidil  
La Seyne, France



Dear Colleagues,

The first edition of the Mediterranean elbow symposium confirmed the enthusiasm of practitioners in the management of the pathology of the elbow joint.

We welcomed 90 participants, and 7 nations were present.

**After dismembering Elbow Stiffness, this year we wanted to focus on Elbow Instability** in all these aspects: dislocation and post-traumatic instability, instability in sports practice with overuse syndrome and minor instability, prosthetic instability and instability in children.

Through **presentations, video and practical sessions**, international elbow experts will share their experience and will propose practical solutions for their therapeutic care. Industry sessions will be dedicated to younger practitioners, in order to improve their technical experience and numerous spaces for dialogue and debate will allow them to **exchange with colleagues from around the world**.

You are cordially invited to participate in this event and **to contribute to the success of this second edition dedicated to Elbow Instability**.

Looking forward to welcoming you in Marseille,

A. Vidil - P. Mansat - P. Arrigoni

# COMMITTEES

## CHAIRMEN

- P. Arrigoni** (*Milano, Italy*)
- P. Mansat** (*Toulouse, France*)
- A. Vidil** (*La Seyne, France*)

## GUEST OF HONOR

- R. Van Riet** (*Antwerpen, Belgium*)

## FACULTY LIST

- AC. Angelo** (*Lisboa, Portugal*)
- S. Antuna** (*Madrid, Spain*)
- C. Azevedo** (*Lisboa, Portugal*)
- M. Bachy** (*Paris, France*)
- R. Barco** (*Madrid, Spain*)
- M. Burnier** (*Lyon, France*)
- Y. Carlier** (*Mérignac, France*)
- P. Clavert** (*Strasbourg, France*)
- A. Colozza** (*Faenza, Italy*)
- B. Coulet** (*Montpellier, France*)
- G. Corcos** (*Paris, France*)
- P. Desmoineaux** (*Versailles, France*)
- T. Ellenbecker** (*Scottsdale, USA*)
- D. Eygendaal** (*Amsterdam, The Netherlands*)
- F. Fitoussi** (*Paris, France*)
- A. Foruria** (*Madrid, Spain*)
- G. Herzberg** (*Lyon, France*)
- B. Jost** (*St Gallen, Switzerland*)
- G. King** (*London, Canada*)
- D. Lami** (*Marseille, France*)
- M. Lehanneur** (*Paris, France*)
- H. Lenoir** (*Échirolles, France*)
- E. Louis** (*Paris, France*)
- L. Obert** (*Besançon, France*)
- A. Radjef** (*La Seyne, France*)
- D. Rouleau** (*Montréal, Canada*)
- J. Sanchez Sotelo** (*Rochester, MN, USA*)
- A. Schneeberger** (*Zurich, Switzerland*)
- F. Senes** (*Genova, Italy*)
- A. Watts** (*Manchester, UK*)
- A. Zagarella** (*Milano, Italy*)

- 12:30 **Registration**
- 12:50 **Welcome and introduction**
- ELBOW EVALUATION**  
**Chairmen:** *B. Coulet – A. Schneeberger*
- 13:00 **Ligament anatomy**  
*P. Clavert (Strasbourg, France)*
- 13:10 **Bio mechanical principles of elbow stability**  
*C. Azevedo (Lisboa, Portugal)*
- 13:20 **Clinical examination of an unstable elbow**  
*Y. Carlier (Mérignac, France)*
- 13:30 **Imagery for unstable elbow**  
*G. Corcos (Paris, France)*
- 13:40 **Hyperlaxity around the elbow**  
*S. Antuna (Madrid, Spain)*
- 13:50 **Discussion**
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- I.**
- ELBOW DISLOCATION**  
**Chairmen:** *A. Vidil – P. Clavert*
- 14:00 **Osseous stabilizers of the elbow**  
*A. Schneeberger (Zurich, Switzerland)*
- 14:10 **Classification of coronoid lesions**  
*A. Foruria (Madrid, Spain)*
- 14:20 **Osseous parameters and risk of dislocation**  
*P. Arrigoni (Milano, Italy)*
- 14:30 **Discussion**
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- LATERAL INSTABILITY**  
**Chairmen:** *S. Antuna – D. Rouleau*
- 14:40 **LCL lesion: how to diagnose?**  
*M. Burnier (Lyon, France)*
- 14:50 **Annular ligament**  
*P. Clavert (Strasbourg, France)*
- 15:00 **Tardy posterolateral instability**  
*R. Van Riet (Antwerpen, Belgium)*
- 15:10 **Terrible triad: levels of gravity**  
*G. Herzberg (Lyon, France)*
- 15:20 **Discussion**

# ELBOW INSTABILITY:

Pathogenesis & management

THURSDAY, 23<sup>RD</sup>  
MAY 2024

15:30 Coffee break and visit of the booths

## ESSEX LOPRESTI

**Chairmen:** G. Herzberg – B. Jost

16:00 **Physiopathology of forearm instability**  
A. Colozza (Faenza, Italy)

16:10 **Acute management**  
D. Eygendaal (Amsterdam, The Netherlands)

16:20 **Late longitudinal instability of the forearm**  
B. Coulet (Montpellier, France)

16:30 **Discussion**

16:45 **CLINICAL CASES:** Chairmen: L. Obert – A. Colozza  
Experts: D. Eygendaal, H. Lenoir, A. Schneeberger, A. Watts

## II.

## II. INSTABILITY IN CHILDREN:

**Chairmen:** F. Senes – F. Fitoussi

17:30 **The pediatric "terrible triad"**  
E. Louis (Paris, France)

17:40 **Neglected Monteggia fracture**  
F. Senes (Genova, Italy)

17:50 **Congenital elbow and radial head dislocation**  
M. Bachy (Paris, France)

18:00 **Neurological dislocation of the radial head: cerebral palsy and neonatal brachial plexus palsy**  
M. Lehanneur (Marseille, France)

18:10 **Developmental dislocation of the radial head (forearm cartilaginous exostosis or enchondroma, forearm dystrophy...)**  
F. Fitoussi (Paris, France)

18:20 **Discussion**

### III. TREATMENT

**Chairmen:** *R. Barco – B. Jost*

- 08:00 Anesthetic techniques for elbow arthroscopy and interest of perineural catheters in the postoperative management of elbow dislocations and instabilities  
*A. Radjef (La Seyne, France)*
- 08:10 Conservative treatment versus acute stabilization in elbow dislocations  
*S. Antuna (Madrid, Spain)*
- 08:20 Sonography and ligaments lesions: decision making  
*Y. Carlier (Mérignac, France)*
- 08:30 LCL reinsertion: tips and trick in open surgery  
*M. Burnier (Lyon, France) / G. Herzberg (Lyon, France)*
- 08:40 LCM reinsertion is useless in elbow dislocations  
*A. Vidil (La Seyne, France)*
- 08:50 **Discussion**
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### RADIAL HEAD MANAGEMENT:

**Chairmen:** *A. Watts – M. Burnier*

- 09:00 Arthroscopic osteosynthesis  
*A. Colozza (Faenza, Italy)*
- 09:10 Reconstruction of radial head by lateral capitellum graft  
*A. Vidil (La Seyne, France)*
- 09:20 Specifications of radial head prosthesis: all the technical aspects (why RH are different)  
*D. Lami (Marseille, France)*
- 09:30 Radial head prosthesis in terrible triad: what about the long term?  
*L. Obert (Besançon, France)*
- 09:40 **Discussion**
- 09:50 **Coffee break and visit of the booths**
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### CORONOID MANAGEMENT:

**Chairmen:** *D. Eygendaal – A. Foruria*

- 10:10 Open osteosynthesis  
*AC. Angelo (Lisboa, Portugal)*
- 10:20 Arthroscopic osteosynthesis  
*A. Foruria (Madrid, Spain)*
- 10:30 Internal fixator: alternative treatment and results  
*S. Antuna (Madrid, Spain)*

# ELBOW INSTABILITY:

Pathogenesis & management

FRIDAY, 24<sup>TH</sup> MAY

2024

## LECTURE

**Chairman:** *D. Rouleau*

10:40 **Persistent elbow instability: do not panic**  
*G. King (London, Canada)*

10:55 **Discussion**

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## IV.

### SEQUELAE in POST TRAUMATIC INSTABILITY:

**Chairmen:** *B. Coulet - A. Colozza*

11:05 **Mal reduction of the ulna causing radial head instability**  
*D. Rouleau (Montréal, Canada)*

11:15 **Missed Monteggia lesions**  
*D. Eygendaal (Amsterdam, The Netherlands)*

11:25 **Triad at long follow up: revue of 100 cases**  
*L. Obert (Besançon, France)*

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## LECTURE

**Chairman:** *P. Mansat*

11:35 **Managing the chronic unreduced elbow**  
*R. Van Riet (Antwerpen, Belgium)*

11:50 **Discussions**

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## V.

### PROSTHETIC INSTABILITY:

**Chairmen:** *L. Obert - S. Antuna*

12:00 **Radial head prosthesis instability**  
*R. Barco (Madrid, Spain)*

12:10 **Hemi arthroplasty and ligament insufficiency**  
*A. Watts (Manchester, UK)*

12:20 **Preventing instability in unlinked elbow arthroplasty through the diamond pop-up approach**  
*J. Sanchez Sotelo (Rochester, MN, USA)*

12:35 **Specifications for a stable prosthesis**  
*P. Mansat (Toulouse, France)*

12:45 **Triceps insufficiency**  
*B. Jost (St Gallen, Switzerland)*

12:55 **Polyethylene wear**  
*P. Mansat (Toulouse, France)*

13:05 **Discussion**

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13:15 **Lunch and visit of the booths**

## VI. INSTABILITY IN SPORTS PRACTICE:

**Chairmen:** *P. Arrigoni - R. Van Riet*

- 14:30 **Boxeur's elbow**  
*A. Watts (Manchester, UK)*
- 14:40 **Tennis elbow and Diva Mechanism: the point of view of ATP vice president**  
*T. Ellenbecker (Scottsdale, USA)*
- 14:50 **Trower's elbow**  
*D. Eygendaal (Amsterdam, The Netherlands)*
- 15:00 **Discussion**
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## TREATMENT (VIDEO SESSION):

**Chairmen:** *D. Eygendaal - R. Barco*

- 15:15 **Arthroscopic LCL reinsertion**  
*R. Van Riet (Antwerpen, Belgium)*
- 15:25 **Ligamentoplasty for posterolateral rotatory instability**  
*H. Lenoir (Echirolles, France)*
- 15:35 **Proximal MCL arthroscopic application**  
*P. Arrigoni (Milano, Italy)*
- 15:45 **Novel technique for reconstruction of medial elbow ligament using tendon graft and internal brace technique**  
*D. Rouleau (Montréal, Canada)*
- 15:55 **Discussion**

- 16:05 **Coffee break and visit of the booths**
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## VII. OVERUSE AND MINOR (ATRAUMATIC) INSTABILITY

### SESSION 1:

**Chairman:** *R. Van Riet - A. Watts*

- 16:30 **Everything on subtle clinical signs of atraumatic instabilities?**  
*R. Barco (Madrid, Spain)*
- 16:40 **Posteromedial impingement (why and what to do)**  
*D. Lami (Marseille, France)*
- 16:50 **Radial head instability without PLRI**  
*D. Rouleau (Montréal, Canada)*
- 17:00 **Discussion**
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**SESSION 2:**

**Chairman:** *H. Lenoir - C. Azevedo*

- 17:15 **Lateral epicondylitis and minor instability**  
*R. Barco (Madrid, Spain)*
- 17:25 **All the other imaging signs that can help to stratify elbow instability**  
*P. Arrigoni (Milano, Italy)*
- 17:35 **Role of dynamic US and stress US / Role of arthro-imaging**  
*A. Zagarella (Milano, Italy)*
- 17:45 **SMILE lesions and annular insufficiencies**  
*AC. Angelo (Lisboa, Portugal)*
- 17:55 **Arthroscopic treatment: does LCL need to be reinserted? (industry session)**  
*P. Desmoineaux (Versailles, France)*
- 18:05 **Discussion**
- 18:20 **End of meeting**  
*P. Arrigoni (Milano, Italy), P. Mansat (Toulouse, France),  
A. Vidil (La Seyne, France)*

# 2<sup>nd</sup> INTERNATIONAL MEDITERRANEAN SYMPOSIUM

## REGISTRATION FORM

Title  Prof  Dr  Ph.D  M.D.

Last Name .....

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## REGISTRATION FEES

	Until March 22 <sup>nd</sup>	From March 23 <sup>rd</sup>
Assistant*/Fellow*	80€	100€
Orthopedist Surgeon	150€	200€
General practitioner, Rheumatologist, Rehabilitation doctor	150€	200€
Physiotherapist / Osteopath	80€	100€

**TOTAL:** .....

\* Please send your certificate of Assistant or Fellow at:  
e.jarry@comnco.com to valid your registration fee.

## PAYMENT

### By credit card

(Visa / Mastercard / no other card)  
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directly on the website [www.comnco.com](http://www.comnco.com)  
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